

**OFFENDED BY COMMENTS ON
LAURA SCHLESSINGER AND
REGGIE WHITE!**

Q

Your magazine has made Dr. Laura Schlessinger sound like a windbag. She helps an enormous number of people. In fact, she's outspoken and our last decent front on the national scene against sex and pornography, primarily to protect our children.

I was greatly offended by your seemingly disparaging remarks about her and Pastor Reggie White, in a past issue of *PLANET MUSCLE* (that my son had brought home from the gym). Mr. White does not advocate violence, as football is just a game and football is a great American tradition, part of Christian ideals of perfected teamwork and fighting hard, fairly. You'll notice that all football teams pray together too. I also thought the nude woman on your cover, designed by your sick mind to look like some kind of Eve in the Garden of Eden, was sacrilegious. Your magazine is now in the trash can where it belongs.



A

Chill out baby, the sun will shine tomorrow. Seemingly disparaging? I thought I was quite clear.

You have your opinion and I am entitled to the correct one. Now, while I might make Dr. Laura out to sound like some kind of airhead-windbag, others insist she's really more of a douche-bag. And -- to be fair, others insist she's wonderful, always 100% right.

I've an opinion that anyone who professes a deep Christian faith and then makes money simultaneously proselytizing off a perversion of Christ's actual messages, is wrong. I feel this is hypocritical, according to Christ's teachings. Instead, think Mother Teresa for a better definition.

And football as a part of our great Christian tradition? Now there's a sick thought. (Although I did hear that Jesus and some of his early disciples used to toss a pig skin back and forth on the road to Galilee.) In fact, I understand that St. Luke could toss an 85-yard spiral and was reincarnated to ex-LA Rams quarterback Roman Gabriel. Prayer before football games? Football coaches say football is an exercise

of logic and critical thinking, done quickly. Praying on the other hand, is an exercise of faith and spiritualism. It has nothing to do with logic or rational premises and it requires a suspension of intellectual thought. So where's the fit with prayer and football? Are we to assume that God prefers Denver to Green Bay, even when Reggie White was praying with the Packers? The legendary coach Knute Rockne once said of prayer, "I find that prayers work best when you have big players."

Of course, football is violent and so is the perverted form of Christianity we hold. Consider even the pivotal event, The Crucifixion. That was a violent event. So were the Crusades. And closer to home, so was Manifest Destiny, whereby, in the name of Christianity, European settlers killed, murdered and enslaved American Indians. Indians were a bunch of heathen savages who believed in numerous Gods and such ignorance could not be tolerated.

Vivacious cover model Gea Johnson is a devout Mormon and she exposed nothing, except your insecurities. Did you think Eve had a pretty extensive wardrobe in the Garden of Eden?

I will honor your wishes and I just tossed *PLANET MUSCLE* and myself in the garbage, right along with the magazine promoting GBL.

**ENDING CHRONIC PAIN: NETTLES
AND DEEP RELIEF SPORTSCREAM**

**Q
A**

Jeff, a bit of trivia, I believe I attended the University of Wisconsin-Madison, in 1974-1979, when you were in Graduate School there and also the Strength Coach.

I graduated in The School of Pharmacy. Thank you for introducing the world to *PLANET MUSCLE* and the product *EXTRA-STRENGTH DEEP RELIEF SPORTSCREAM*. I carry this product now in the drugstore that I manage and own. I come across all kinds of creams that are counterirritants and create heat, but only at the level of the epidermis. *DEEP RELIEF* has helped about 25 of my customers already. I know you have written extensively on chronic pain both in *MUSCLE & FITNESS* and *PLANET MUSCLE* and that you get all kinds of questions on foods and medicines that might help pain. Here's some information that not too many